

# HONOLULU



## HISTORY OF PAL

Chief Dan Liu started the **Police Activities League (PAL)** in 1948. Chief Liu was interested in establishing an organization that would work with other agencies and meet the needs of the youths of Hawaii. He found what he was searching for in a New York program.

The Police Athletic League was primarily designed for all types of sports. Chief Liu decided to change the word "Athletic" to "Activities," thereby expanding the program.

The PAL is comprised of 12 officers, 2 sergeants, and 1 lieutenant. Officers serve as field directors and facilitate sports leagues and other activities. They work together with volunteers who coordinate athletic clubs on Oahu.

Since 1948, more than 500,000 youngsters have benefitted from the PAL, which depends on volunteers who serve as advisors and coaches. These volunteers must be loyal, supportive, dedicated, and have a willingness to sacrifice personal time to work with the youths in our community.

# HONOLULU



## REGISTRATION

To register your child or to obtain further information, visit us on-line at:  
[www.honolulupd.org/community/index.php](http://www.honolulupd.org/community/index.php)

### APPLICATION FORM

[www.honolulupd.org/downloads/  
PAL\\_MEMBERSHIP\\_APPLICATION.pdf](http://www.honolulupd.org/downloads/PAL_MEMBERSHIP_APPLICATION.pdf)

## VOLUNTEERS

We continually recruit volunteers for the many programs that we offer. To become a part of our team, please contact the **PAL** via the website or e-mail or write to us at:

### COMMUNITY AFFAIRS DIVISION

Honolulu Police Department  
801 South Beretania Street  
Honolulu, Hawaii 96813

[www.honolulupd.org](http://www.honolulupd.org)

# HONOLULU



The Community Affairs Division (CAD) strives to stop violence and address issues involving the development of the community's youth through a variety of prevention, intervention, and education efforts.



*"Serving and  
Protecting  
with Aloha"*

[www.honolulupd.org](http://www.honolulupd.org)

# ACTIVITIES & PROGRAMS OFFERED



The Honolulu Police Department is proud of its **Police Activities League (PAL)**. For more than 70 years, the PAL has enriched the lives of thousands of youths on Oahu, and many players are now prominent citizens in our community.

Across the United States, police chiefs recognize the importance of investing in activities for youths. Police departments develop after-school and evening programs to provide safe and healthy activities in which the youth can have fun, develop their skills, and understand positive values that will serve them well in life.

The Honolulu Police Department cannot do this job alone. The PAL thrives because of all the volunteers who provide us with countless hours of their own time to help our children. By working together, we are able to give many youths the support when they need it most.

**Officer Pueo**  
**Crime Fighting Owl**



## BASEBALL

The baseball season is from May to July. At the conclusion of the season, selected teams have a chance to participate in the annual **Goodwill Tournament** hosted by the PAL.

*Ages 5 to 14 are welcome.*

**BASEBALL REGISTRATION:**  
*February, March, and April*



## BASKETBALL

The coed basketball season is from January to March.

*Ages 5 to 17 are welcome.*

**COED BASKETBALL REGISTRATION:**  
*Starting in October (throughout Oahu)*

The girls basketball season is from August to October.

**GIRLS BASKETBALL REGISTRATION:**  
*June and July*



## BOXING

The Boxing program is held year-round and is held at our Police Training Facility, Ke Kula Maka'i.

*Ages 7 to 17 are welcome.*



## FLAG FOOTBALL

The flag football season is from September to November. At the conclusion of the season, selected teams have a chance to participate in the annual **PAL Bowl**.

*Ages 7 to 12 are welcome.*

**FLAG FOOTBALL REGISTRATION:**  
*July through August*



## JUDO AND KARATE

Both Judo and Karate are held year-round. The Karate Program is held at our Police Training Facility, Ke Kula Maka'i. The PAL also has other Judo clubs in the Windward and Leeward areas.

*Ages 7 to 17 are welcome.*



## RUGBY

The rugby season is from July to August. Registration is open throughout the year.

*Ages 6 to 12 are welcome.*

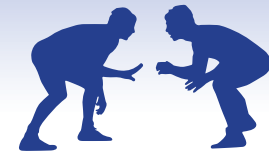


## VOLLEYBALL

The girls volleyball season is from April to June. At the conclusion of the season, selected teams have a chance to participate in the annual **Town and Country Classic** hosted by the PAL.

*Ages 7 to 16 are welcome.*

**VOLLEYBALL REGISTRATION:**  
*February and March (throughout Oahu)*



## WRESTLING

Wrestling is held from November through the first weekend in January in conjunction with the high school pre-season.

*Ages 5 to 14 are welcome.*

**WRESTLING REGISTRATION:** *September through October at various intermediate/middle and high schools.*

## OFFICIATING

We are continually recruiting and training officials who are paid for our various sporting activities.

*No experience is necessary.*



## LAW ENFORCEMENT EXPLORERS PROGRAM

The Law Enforcement Explorers Program is for youths who are interested in law enforcement as a career. The program allows them to explore the many facets of law enforcement through academics, hands-on training, and community service. This is a year-round program.

*Ages 14 to 20 are welcome.*