







GENERAL PAL Events Calendar

<p>Co-ed Basketball</p> <p>January thru March</p> 	<p>Na Opio Paddling</p> <p>January thru February</p> 	<p>Oahu Canoe Paddling</p> <p>March</p> 	<p>PAL Tournament Kona Stingrays BB Tournament</p> <p>March thru April</p> 	<p>Co-ed Volleyball</p> <p>Windward April thru June Honolulu May thru July</p>  <p>Country Classic June</p>
<p>Co-ed Baseball</p> <p>May thru July</p> 	<p>Laie Baseball</p> <p>May thru June</p> 	<p>Cooking Class</p> <p>June thru July</p> 	<p>Goodwill Baseball Tournament</p> <p>July thru July</p> 	<p>Flag Football</p> <p>September thru November PAL Bowl November</p> 
<p>Girls Basketball</p> <p>August thru October</p> 	<p>Wrestling</p> <p>October thru December</p> 	<p>Christmas Parade</p> 	<p>HAPPY NEW YEAR JAN 01</p> 	

Attitude

Excitement

FUN
TEAM
WORK

Revised 01-25-11

Participation

Community

Friendship